



Ear Stones:

The ear stones are made from the grey stone. When you receive this set you can rinse them off in warm water and let them dry. The ear stones are designed for the large end to sit right inside of the ear opening. Using a metal file the tip of the stones can be ground down so that they fit in the ear comfortably and balanced. The stones have a general size and filing and balancing is up to the owner. This set of stones can be worn as much or little as one would like, what ever is good for you. The longer time the stone is used better and faster you may experience desired results.